

Drawing Out Stigma

A program dedicated to reducing stigma and increasing mental health awareness through the arts



Expressive Writing Workshop for Adults

Using Literary Art to Draw out Mental Health Stigma

Workshop Information:

Dates:

Tuesday, February 4, 2020
Thursday, February 6, 2020
Tuesday, February 11, 2020
Sunday, February 23, 2020

Time:

9:30 a.m. – 11:30 a.m.

Location:

The Cambodian Family
1626 E. 4th St., Santa Ana, CA 92701

Workshop Instructor: June Kaewsith, BA degree Communication Studies from California State University, Long Beach, with a minor in Theater Arts

At No Cost

RSVP by February 3rd
(714) 571-1966



Workshop Description:

- An opportunity to create poetry, prose, short stories and art
- Engage in activities focused on the healing power of words, share and connect
- Have your story highlighted for all to enjoy at your local community organization
- You don't have to be good at writing, you just have to be willing to express yourself