

Drawing Out Stigma

A program dedicated to reducing stigma and increasing mental health awareness through the arts



**KOREAN
COMMUNITY
SERVICES**

Expressive Writing Workshop for Adults

Using Literary Art to Draw out Mental Health Stigma

Workshop Information:

Dates:

Tuesday, February 18, 2020
Tuesday, February 25, 2020

Time:

10 a.m. - 2 p.m.

Location:

KCS Health Center Classroom #1,
7212 Orangethorpe Ave., #9A, Buena Park, CA 90621

Workshop Instructor: Dr. Mikyong Kim-Goh, PhD, LCSW,
Professor and Chair, Department of Social Work,
California State University Fullerton

At No Cost

RSVP by February 14th
(714) 449-1125



Workshop Description:

- An opportunity to create poetry, prose, short stories and art
- Engage in activities focused on the healing power of words, share and connect
- Have your story highlighted for all to enjoy at your local community organization
- You don't have to be good at writing, you just have to be willing to express yourself